



# Barry Green

## **Jack Price**

*Founding Partner / Managing Director*

## **Marc Parella**

*Partner / Director of Operations*

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### **Mailing Address:**

520 Geary Street Suite 605  
San Francisco CA 94102

### **Telephone:**

Toll-Free 1-866-PRI-RUBI (774-7824)  
310-254-7149 / Los Angeles  
415-504-3654 / San Francisco

### **Email:**

[jp@pricerubin.com](mailto:jp@pricerubin.com)  
[mp@pricerubin.com](mailto:mp@pricerubin.com)

### **Website:**

<http://www.pricerubin.com>

### **Yahoo!Messenger**

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## Contents:

- **Biography**
- **Bass Soloist**
- **Books**

# Barry Green- BIOGRAPHY

Barry Green, a native Californian, served as Principal Bassist of the **Cincinnati Symphony** for 28 years, and more recently Principal Bassist of the **California Symphony** and **'Sun Valley, Idaho Summer Symphony'**. As former Executive Director of the **International Society of Bassists**, he is currently living in San Diego while teaching at the U. of Calif. Santa Cruz and active as a **bass soloist, clinician and motivational speaker**. Examples of his lectures can be found on his websites at [Green Arts Network](#) and [Inner Game of Music](#).

Green was the first bass soloist ever to solo with the **Cincinnati Symphony** in 1970 when he commissioned Frank Proto to write the Concerto for Bass and Orchestra conducted by **Erich Kunzel**. He has since twice appeared with the Cincinnati Symphony under the late **Maestro Thomas Schippers** who personally commissioned the Frank Proto Violin and Double Bass Concerto (with Ruggiero Ricci). In 1993 Green performed Jon Deak's concerto Jack and the Beanstalk conducted by **Jesus Lopez-Cobos**. He most recently performed the Deak concerto in February 2005 with the US Air Force Band in Washington DC, Constitution Hall and Duluth Symphony. Barry is known for his creative and eclectic **'Green Machine' and "Green Man"** concerts including the bass in jazz, folk, rock, funk, hip-hop contemporary and world music in combination with, dance, voice, art and theater.

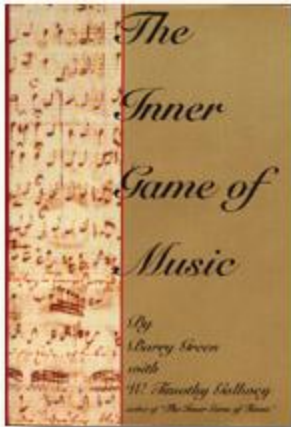
Green has written three books on the **'mind-body and spirit'** of performing musicians. He is the author of the Doubleday book **The Inner Game of Music**, with W. Timothy Gallwey, and DVD(1986) which deals with musicians reaching their potential in performance and learning which has sold over **250,000** copies worldwide. He has written seven **Inner Game of Music Workbooks** published by GIA Music for keyboard, voice, instruments and ensembles. Green's 2nd book, **The Mastery of Music, Ten Pathways to True Artistry** was published by Broadway/Doubleday in May 2003. The Mastery of Music is based on interviews with over 120 world famous musicians on topics of courage, passion, creativity, discipline, humility etc. It deals with qualities of greatness from the human spirit that transcend all professions. Jazz and classical artists interviewed include **Dave Brubeck**, Bobby McFerrin, **Joshua Bell**, **Frederica von Stade**, Christopher Parkening, Evelyn Glennie, Gary Karr, Jeffrey Kahane and many more. Green's most recent book (and DVD) is called **Bringing Music to Life** and was published by GIA Music. The book is exploring three techniques of breath, pulse and movement that allow the musician to channel expression through their bodies. This work is based on exploring creativity and inspiration through collaboration with the great improvisation cellist **David Darling** and his organization called **Music for People**.

## Barry Green-Bass Soloist

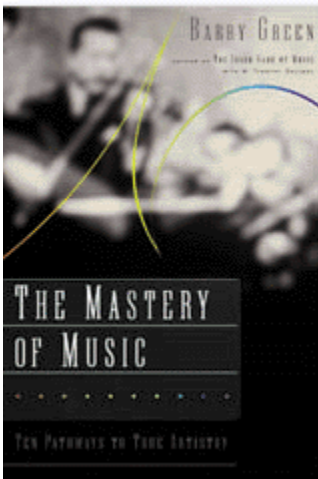
Active as a double bass soloist, Barry performs recitals in Northern and Southern California and internationally on tour. Prior to re-locating to San Diego, Barry was known for a unique concert series in Cincinnati called **THE BIG GREEN MACHINE**. Green's recent programs have included special 'glow in the dark' masks, gloves, bows and props under the title of '**Green Man**'. His repertoire includes eclectic folk, jazz, world music and many original compositions written for him by the **UK composer Tony Osborne**. His unique theme concerts included jazz, classical, avant-garde, vocal, klezmer, new age, dance, theater, and family concerts with zoo animals.

Green has performed at bass festivals in Poland, Germany, China, Switzerland, Brazil, in Las Vegas, at the **International Society of Bass Conventions** and throughout the USA. Barry Green appeared as soloist with the **Cincinnati Symphony** performing Tone Poem based on the story of Jack and the Beanstalk. Recent concerto appearances included Frank Proto's Carmen Fantasie for Bass and Orchestra performed with **Contra Costa Chamber Orchestra**(California) and performances with **the Sun Valley Summer Symphony (Idaho), the Duluth Symphony, the US Air Force Band (Wash DC)** and more.

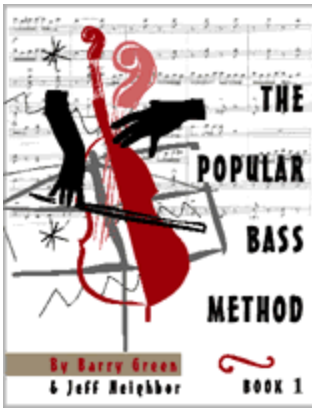
# Barry Green-Books



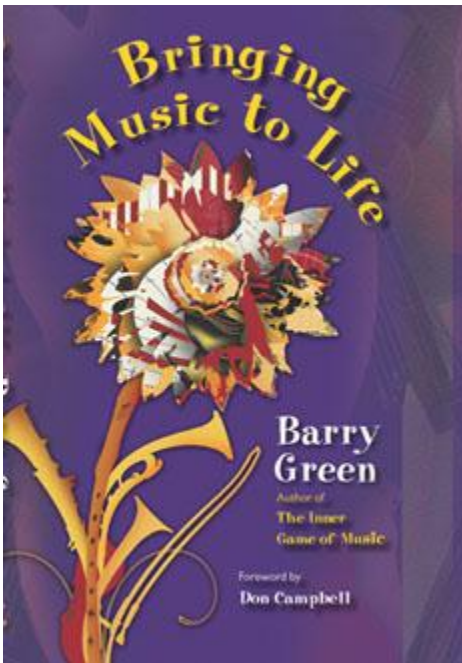
[The Inner Game of Music](#)



[The Mastery of Music](#)



[New Popular Bass Method](#)



[Bringing Music to Life](#)

# Barry Green-Reviews

## INNER GAME OF MUSIC

*Reviews from Readers*

I have not read a more fabulous book about music!!!!!!!!!!!!!!

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I have been a long time sufferer of audition anxiety, but this book effectively proposes solutions to eliminate the kind of worrying that used to paralyze me. Not only does Barry Green put forth his points in a logical, easy-to-understand format, but he often illustrates his points with anecdotes which help to make his ideas more practical and not so enigmatic and unworkable.

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Reading this book is a potentially life changing experience. I urge all of you to give it a try...even if you are already a capable performer.

I have been a long time sufferer of audition anxiety, but this book effectively proposes solutions to eliminate the kind of worrying that used to paralyze me. Not only does Barry Green put forth his points in a logical, easy-to-understand format, but he often illustrates his points with anecdotes which help to make his ideas more practical and not so enigmatic and unworkable.

I don't know how to describe how much this book has enriched my musical experience. In the few months after I read it, I am having epiphany after epiphany about the different aspects of this\_ method. This book has allowed me to add a new, astonishing emotional quality to my musical experience. I feel that I have just now begun to learn what making music is really about. And it's so joyful to find out how easy, playful and fulfilling it really is.

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Former principal bassist of the Cincinnati Symphony, Barry Green has created what has to be one of the most important books on musical psychology ever written. Within the exercises is actually a mythology for dealing with attention deficit disorder! I have had ADD since before there was a diagnosis for it and the methods in this book are not only helping me with music but are also having a profound affect on other areas of my life.

It has brought out of me more confidence and made my music playing much more enjoyable. Since I am an adult student, I have a lot of insecurities and fears about music ~ this book has ideas and exercises to calm and focus even me. Wonderful!

## **The MASTERY OF MUSIC: Ten Pathways to True Artistry**

This book is fantastic!!!! Regardless of if you were one of the millions to read The Inner Game of Music you should drop everything and pick up this book. As a non-musician music lover, this book gave me a rare and interesting look about what inspires and motivates the greats of our time.

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This book is simply the best book ever written about music!

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Green has through his illuminating books become a beacon for musicians who wish to reach their true potential in performance and learning.

### **BRINGING MUSIC TO LIFE**

Your Bringing Music to Life is an answer to my prayers. It is the first book I've ever read in my 30 years of music lessons, playing, and exploration that has addressed the "spiritual mechanics" of music-making- that is, what really makes music musical.

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This is not a book to read, it is a book to live. Bringing Music to Life can launch your courage, vision, and vitality.

**Mary Nemet, reviewer, Australian String Association online journal**

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While any musician might find this book fascinating, it could find its most appreciative audience among those musicians who feel stale in their music making, and among teachers searching for new ideas to energize and inspire their students. One can only be moved by Green's passion to change lives, his eagerness to share his recent discoveries with readers. The result is an energizing, joyful, persuasive, and spiritual read.

**Don Campbell, author of The Mozart Effect®**

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I am weeping a bit, Barry, after reading your book... What an amazing essay—so sensitive and real. Your quest and profound curiosity about life, art, nature, and the spirit is simply a triumph of ideas, research, and most of all kindness! Blessings and love to a great inspirational human.

**Nancy Bjork for ASTA**